

## Curriculum vitae

### **Personal Data:**

Name: Zahra Keshtkaran

Adress: Fatemeh(PBUH)college of nursing&midwifery

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Present Position : Assistant professor in community health nursing – Faculty in Fatemeh (PBUH)college of nursing &midwifery, Shiraz,Iran

### **Academic Qualification:**

1995 B.S in Shiraz University of medical science

2002 M.S in community health nursing Shiraz University of medical science , Fatemeh(PBUH)college of nursing &midwifery, Shiraz ,Iran

2016 PhD in Nursing Education Shiraz University of medical science , Fatemeh(PBUH)college of nursing &midwifery, Shiraz ,Iran

### **Teaching and Practice Experiences:**

#### **Lecturer:**

#### **Post graduate:**

- Nursing theories & application
- Professional ethics in nursing
- Culture & nursing
- Health economy

#### **Under graduate:**

- medical surgical nursing
- critical care nursing
- community health nursing

### **Honors and Awards**

- Acclaimed Faculty member of 2007
- Active Researcher of 2008
- Active Researcher of 2009
- Active Researcher of 2013
- Premier Educational process in 19<sup>th</sup> martyr Motahari festival 2016
- Premier in written part ( university level) 22<sup>th</sup> Ghoran & Etrat festival 2017

### **Research Projects**

-2006, Impact of education on the Qol in Breast Cancer patients referred to Radiotherapy center of Namazi hospital, Hazrat zeinab Nursing college, shiraz medical university

-2007, Assessment of mood condition of Nursing staff and related factor in Namazi hospital

- 2010, Assessment of mood changes among addicts under MMT referred to clinics of Shiraz
- 2010, Assessment of knowledge , Attitude and Practice of health staff toward andropause ,Larestan , ( final approval stage )
- 2010, Assessment of homesickness & personality characteristics relationship among non native larestan students,Larestan ,

### **Workshops Attended**

- CPCR, Shiraz / Iran , 2001
- CPCR, Shiraz / Iran , 2004
- Wound Care( Novin co Teb) , Shiraz/Iran, 2004
- Scientific Writing , Shiraz / Iran , 2005
- Methods of Teaching , Shiraz / Iran , 2006
- Teaching Evaluation ,Shiraz/Iran ,2006
- Lesson Planning ,Shiraz/Iran, 2006
- Advisor Faculty , Shiraz/Iran, 2006
- Internal Evaluation , Shiraz/ Iran , 2007
- Scientific Writing , Shiraz / Iran ,2009
- Quality Assurance of Education ,Shiraz / Iran , 2009
- Inter professional Education , Shiraz / Iran , 2009
- 1 month Medical Education Fellowship Program , Shiraz / Iran , 2009
- Medical Journalism , Shiraz/Iran , 2010
- Advisor Faculty , Shiraz /Iran ,2010
- Advisor Faculty , Shiraz /Iran ,2014
- Executive empowerment 2016
- cultural fellowship summer 2017
- research fellowship 2017

### **Workshops Presented**

- Nursing process, Larestan / Iran, 2005
- Nursing process( Azad university ) , Larestan / Iran , 2009
- Nursing process , Larestan / Iran , 2009
- Education ethics 2014
- family medicine & family nursing 2017

### **Appointments and Professional Activities**

- Cooperation in research project of ‘ Emergencies ‘ in Namazee Hospital , 1993
- Namazee Hospital; orthopedic, Urology, General Surgery, Neurosurgery and Rehabilitation Wards, 1995 – 1998
- Participation in the inauguration of the ICU & Neurosurgery wards of Chamran Hospital , 2000
- Hazrat Fatemeh Nursing School, 2001 – 2002

- Member of scientific committee of women's health seminar ,2002
- Cooperation in Assessment of validity & reliability of OSCE exam in nursing college , 2003
- Estahban Azad university, 1997 – 2005
- Larestan Azad University, 2000 – 2002
- Hazrat Zeinab Nursing College, 1999 – 2015
- Coordinator (medical – surgical Nursing 2005 – 2011)
- Students Counselor
- Member of Research & Educational committee of nursing college ,2005 -2013
- Executive – Scientific committees of faculty members coordinator in nursing college in University
- Gifted students' center manager of nursing college in University
  - Open day coordinator of nursing college in University
  - Vice chancellor for education in Hazrat Zeinab nursing college Larestan, 2011-2015
  - Vice chancellor for education in Larestan University of Medical Sciences 2013-2015
  - Plenipotentiary representative of deputy of education 2016 up to
  - Community health department manager 2017

## **Publications**

### A: Dissertations

- 2002, Impact of education on the in hip and knee osteoarthritis patients referred to rehabilitation centers of shiraz university of Medical Sciences, Hazrat Fatemeh Nursing college.
- 2016, Critical Care Nurses' Lived experiences of caring for candidate brain death organ donor patients

### B: Books

-Writing of :

- 1- community health nursing (NVP)

Translation of :

- 1- Medical Surgical Nursing (GI) – Brunner &Suddarth's -2008
- 2- Parts of "Fundamental of Nursing "(Potter and Perry)-2008

### C: Articles

- Assessment of mood condition of Nursing staff and related factor in Namazi hospital, Scientific & Research Journal of Iran occupational health , Fall 2009; Vol: 6, Issue :3
- Impact of education on the in hip and knee Osteoarthritis patients referred to rehabilitation centers of shiraz university of Medical Sciences, Scientific & Research Journal of Babol university of medical sciences , 2010; Vol : 12 , No: 1
- The effect of partnership care Model on depression of adolescents with  $\beta$ -thalassemia , Parviniannasab AM ,Rosta S , Vojdani3 MA , Dehghani , Keshtkaran Z , Shamsizade M , Abshorshori N ,Hannan K .
- Investigating Level of Knowledge, Attitudes and Practices of Health Personnel in Larestan regarding Andropause in 2010 .Zahra Keshtkaran, Ali Mohammad Parvinian nasab, Hannan Kashfi, Fatemeh Jourkesh Larestan nursing school, Shiraz University of Medical Sciences, Shiraz, Iran. urnal of Academic and Applied Studies (Special Issue on Applied Sciences),Vol. 3(8) August 2013, pp. 42-50
- Students' readiness for and perception of inter-professional learning: a cross-sectional study Zahra Keshtkaran, Farkhondeh Sharif, Masoume Rambod. Nurse Education Today.2014
- Level of marital satisfaction in couples living in Iran Farideh Yazdanpanah Department and institution: Larestan School of Medical Sciences, Larestan, Iran. Mohammad Ali Khalili Ph.D, Department and institution: Reseach & clinical center for infertility Shahid Sadooghi University of Medical Sciences, Yazd, Iran.Zahra Keshtkaran Ph.D Department and institution: Larestan School of Medical Sciences, Larestan, Iran. Medical Sciences , Volume : 4 | Issue : 4 | April 2015
- Viewpoints of Educational and Clinical Staff in Shiraz University of Medical Sciences to Barriers Implementation of Evidence-Based Care. Parvinia Nasab A, Vojdani M, Dehghani A, Keshtkaran Z, Kavosi A. aumj. 2014; 3 (1) :23-32
- Lived Experiences of Iranian Nurses Caring for Brain Death Organ Donor Patients: Caring as “Halo of Ambiguity and Doubt” Zahra Keshtkaran1, Farkhondeh Sharif, Elham Navab & Sakineh Gholamzadeh. Global Journal of Health Science; Vol. 8, No. 7; 2016
- Identifying the Stressors in the Workplace and Usage Extend of the Coping Strategies for the Clinical Nurses of Larestan County, in press
- The study of epidemiological to attempted suicide in population under supervision of Larestan School of Medical Sciences during 2011-2014, in press

### **Presentations in Conferences:**

- Patients Rights Seminar, Fasa / shiraz, 2003 ;  
“Assessment of patients privacy by nursing staff of hospitals”.
- Stress Related Diseases, Shiraz, 2004; “stress and NES”.
- The first National Congress on Environment Occupation and Cancer in Tehran / Iran, 2006; “Electromagnetic fields and Cancer”.
- Obesity Seminar, Shiraz / Iran , 2006 ; “Green tea and obesity”.
- The 5<sup>th</sup> National Seminar of women’s Health ,Shiraz / Iran, 2002;
  - 1- “Emotional Health during Pregnancy”
  - 2- “Health problems of Female prisoners”

- Environment , Job & Cancer in Iran , Tehran/Iran, 2006 ;' Electromagnetic waves & Cancer ‘
- 2<sup>nd</sup> International congress of breast cancer Tehran/Iran 2007 ; Adaptation approach in breast cancer women under radiotherapy .
- 3<sup>rd</sup> International congress of Breast cancer , Tehran/Iran , 2007 ; Assessment of Self care teaching on Breast Cancer women under radiotherapy .
- Congress of Family & sexual Health, Tehran/Iran , 2007 ; Assessment of marital satisfaction in women referred to out patient department
- Nursing of psychological Health Seminar , Larestan /Iran , 2007 ; Nursing Burnout
- Health of Adolescents seminar , Shiraz / Iran , 2008 ;
  - 1- ‘ Sexual Addiction Syndrome’
  - 2-‘ Suicide in Adolescents ‘
- 4<sup>th</sup> International congress of Breast Cancer , Tehran /Iran , 2008; 1-‘ Breast cancer & daily consumption of aspirin’
  - 2-‘ Caffeine use & breast cancer risk ‘
  - 3- ‘Nicotine & breast cancer progress’
- National Congress of Family , Tehran /Iran , 2008; - ‘Marital Satisfaction ‘
- 5<sup>th</sup> International congress of Breast Cancer , Tehran /Iran ,2009 ;’ Bright light therapy and insomnia in breast cancer’
- Congress of Sport role in Children Health , Mash had /Iran , 2009; - ‘ Play and Social Skills in Children’
- Congress of Communities of Surgeons of Iran ,Shiraz brand , Shiraz/Iran , 2009;
  - 1-‘ Trauma Prevention’
  - 2-‘ PHTLS’
  - 3- ‘Trauma Nursing’
- 2<sup>nd</sup> Seminar of Islamic & Iranian Medical , Shiraz/Iran ,2009; - ‘Valerian effects on insomnia & anxiety’
- 3<sup>rd</sup> National Congress & Workshop on high risk Behaviors ,Yazd /Iran , 2010;
  - ‘ Choking Game’
- 16<sup>th</sup> Congress of Iranian Society for Reproductive Medicine , Shiraz/Iran, 2010 ;
  - 1 The impact of acupuncture on in vitro fertilization outcome
  - 2 Indication of mechanisms involved in improved sperm Parameters by zinc therapy
  - 3- Andropause and male impotence : knowledge and Awareness
  - 4- Life style & male infertility
  - 5- Treating the cause of male impotence with herbal medicine

- Men Health , Larestan/Shiraz/Iran , 2010 ;
  - 1 Sexual impotency in men
  - 2 Andropause & osteoporosis in men
  - 3 Mood changes in addicts under MMT referred to out patient Departments
  
- Congress of colorectal cancer ,Shiraz /Iran , 2010 ;
  - 1-‘ Calcium and colorectal Cancer prevention’
  - 2- ‘ Gum chewing can reduces ileus after surgeries ‘
  
- Seminar of Traditional & Islamic Medicine , Shiraz/Iran , 2011;
  - 1-‘ Effective Herbal medicines on Hair loss ‘
  - 2-‘ Amazing Therapeutic effects of Mellisia officinalis ‘
  
- Seminar of Challenges & Strategies of Nursing Professional Promotion , Shiraz/Iran , 2011;
  - ‘ Promotion of nursing services by increasing motivation ‘
- Family center care seminar , Shiraz/ Iran; 2014
  - ‘ lived experiences of intensive care nurses of brain dead organ donor patients candidate for organ transplantation : family care’
  
- 4<sup>th</sup> Iranian international conference on women’s health, Shiraz/ Iran; 2015
  - ‘ The effect of women’s employment on marital satisfaction among employed women and housewives and their husbands in lar city’
  
- Qualitative research in health sciences , Yasuj/ Iran, 2015
  - ‘ caring of brain dead organ donor patients: caring as spiritual growth’
  
- 4<sup>th</sup> Annual congress on critical care, Tehran/ Iran; 2017
  - ‘The experiences of nurses working in critical care units dealing with brain dead patients candidate for organ transplantation

### **Attendance in Conferences:**

- The 14<sup>th</sup> Geographic and Medical congress, Physiology and pharmacology, Shiraz / Iran, 2002
- The 16<sup>th</sup> Geographic and Medical Congress, 2<sup>nd</sup> Congress of oncology, Shiraz / Iran, 2003
- Medication ( Drug) therapy – Antibiotics ,Shiraz / Iran , 2007

### **Thesis Supervises**

- The Assessment of relationship between Health literacy and lifestyle in secondary school students of Shiraz 2017

- The Association between Health Literacy with Hope and Life Satisfaction in mothers of children with type1 diabetic referred to Imam Reza Diabetes Clinic in Shiraz, 2017
- The effects of education based on planned behavioral model on perceived self efficacy and social support on patients referring Shahid mottahari clinic after hematopoetic stem cell transplantation, 2017
- Impact of educational implementation by animation based on health belief model on preventional behaviors of pediculosis contamination in primary school girl students 2017
- Impact of self care education based on health promotion model on health promotion life style of hospital messenger staff 2017

### **Language Skills**

Persian ; mother Language

Arabic ; Reading

English ; Reading / Writing.

### **Computer Knowledge**

- Application level : word, power point..

### **Research Interests**

- Qualitative research
- Research in education
- Clinical education